

Your menu this week



EDUCATION

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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Week one

Cheese & tomato pizza with ½ jacket (v) (1,3,6,11)
Or
Tomato & basil pasta (vg) (3) with focaccia (1,3,6,11)

Baked beans & Rainbow slaw (11)

Fruit Salad

Beef bolognese with 50/50 pasta (3)
or
Vegetable hot dog with salsa & potato wedges (1,3,7,11)

Carrots, green beans

Wholemeal cookie with a glass of milk (1,3)

Roast Chicken & gravy
Or
Vegetable & lentil puff pastry pie (v) (3,11)

Roast potatoes
Medley of vegetables

Strawberry yoghurt pot (1)

Chicken burger in sesame bun (3,7)
Or
Roasted pepper & spring onion omelette (v) (11)

Potato wedges
Sweetcorn, side salad

Apple cake & custard (1,3,11)

Fish fingers (2,3)
Or
Mexican mixed bean & cheese stuffed jacket (v) (1)

Chips
Baked beans, peas

Chocolate & orange biscuit (1,3)

Week two

Creamy vegetable korma curry with 50/50 rice (v) (1)
Or
Vegetable bolognese with 50/50 pasta (3) (vg)

focaccia (1,3,6,11)
Broccoli & carrots

Vanilla shortbread with custard (1,3)

Chicken sausages with gravy (1,3,11,12)
Or
Vegetarian sausage with gravy (1,3,11) (v)

Mash potato (1)
Sweetcorn & green beans

Citrus biscuit with milk (1,3)

Roast chicken with gravy
Or
Cheese, onion & potato pie (1,3) (v)

Roast potatoes
Medley of vegetables

Fruit salad

Creamy pasta carbonara (1,3,14)
Or
Bean & vegetable parcel with new potatoes (3) (vg)

Carrots, Cauliflower

Strawberry yoghurt pot (1)

Fish fingers (2,3)
Salmon fishcake, (2,3,14)
Or
Vegetable fingers with hummus dip (3) (vg)

Chips, baked beans, peas

Banana cake with custard (1,3,11)

Week three

Tomato & cheese pasta (v) (1,3) with focaccia (1,3,6,11)
Or
Vegetable & bean wrap with ½ jacket (vg) (3)

Garden peas
Seasonal salad

Apple crumble with custard (1,3)

Sweet & sour chicken (3)
Or
Sweet potato dahl (vg) (14)

50/50 rice,
Green beans, carrots

Shortbread with chocolate sauce (1,3,11)

Roast Chicken & gravy
Or
Cheesy cauliflower & lentil bake (v) (1,3,14)

Roast potatoes,
Carrots, parsnips & spring cabbage

Flapjack cookie (1,3)

Chicken meatballs in tomato sauce with pasta (3)
Or
Mac and cheese (1,3,14) (v)

basil bread (1,3,6,11)
Sweetcorn & broccoli

Fruit salad

Fish fingers (2,3)
Or
Roasted pepper & mixed bean nacho's (vg) (3)

Chips, beans, peas

Wholemeal oat cookie with milk (1,3)

Available Daily: Handmade Bread (1,3,6,11), Fresh Salad & Fruit Also Available, Daily Jacket Potatoes with Beans, Cheese (1) Or Tuna Mayonnaise (2,11)

Allergen Key: 1. Milk, 2. Fish, 3. Gluten, 4. Peanuts, 5. Tree nuts, 6. Soya, 7. Sesame, 8. Lupin, 9. Shellfish, 10. Molluscs, 11. Egg, 12. Sulphite, 13. Celery, 14. Mustard
V= vegetarian VG= Vegan **MENU IS SUBJECT TO CHANGE ***