

Aragon Primary School

ALLERGY AWARE MENU

Suitable for pupils with allergies within the 14 EU

WEEK 1
WEEK 2
WEEK 3



Please note
AA in a dish name
refers to **Allergy
Aware**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Smokey BBQ Chicken 782709	GF/DF Chicken & Tomato Basil Pasta 680377	Roast Chicken & Gravy 630301	DF/GF BBQ Chicken Pizza 679659	GF Fish Fingers & Chips 694767
VEGGIE	Smokey BBQ Pulled Jackfruit 782758	GF Vegan Roasted Vegetable Pasta 679595	Roasted Root & Mixed Bean Vegetable Stew 680544	DF/GF Cheese & Tomato Pizza 670572	Lightly Spiced 'Plant Based' Chickn 744561
SIDES	Steamed Rice with Sweetcorn & Green Beans 782764	Peas & Sweetcorn 644291	Rustic Roast Potatoes & Medley of Seasonal Vegetables 689911	Homemade Potato Wedges & Baked Beans 640468	Baked Beans or Peas 640466
PASTA & JACKET	GF Tomato & Basil Pasta 681142	Jacket Potato with Baked Beans & DF Cheese 681015	DF/GF Cheesy Tomato Pasta 679533	Jacket Potato with Baked Beans & DF Cheese 681015	GF Vegan Roasted Vegetable Pasta 679595
PUD	AA Vanilla Cake 679611	AA Chocolate Cake 679600	GF Vanilla Shortbread Biscuit 679625	Fruit Jelly 630866	AA Vanilla Cake 679611
Fresh Fruit NO DAILY SALAD BAR					

**Only serve
what is on this
menu.**

**This menu
must be used
everyday for
children with
allergies to
the 14 EU.**

DATES

31 AUG / 21 SEP
12 OCT / 09 NOV / 30 NOV

STOP AND THINK!

Have you completed the Student Allergen Management Record?



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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	DF/GF Cheesy Beef Pasta 783795	AA Chicken Curry 679503	Lightly Spiced Chicken 744554	Bunless Homemade Beef Burger 670554	GF Fish Fingers & Chips 694767
					CONTAINS FISH
VEGGIE	DF/GF Cheesy Tomato Pasta 679533	AA Vegetable Curry 679516	Lightly Spiced 'Plant Based' Chickn 744561	Bunless Spinach & Chickpea Burger 679531	DF/GF Cheese & Tomato Pizza 670572
SIDES	Peas & Sweetcorn 644291	Steamed Rice & Sweetcorn 640985	Paprika Diced Potatoes & Sweetcorn 744607	Homemade Potato Wedges & Baked Beans 640468	Homemade Potato Wedges & Baked Beans 640468
PASTA & JACKET	Jacket Potato with Baked Beans & DF Cheese 681015	GF Tomato & Basil Pasta 681142	Jacket Potato with Baked Beans & DF Cheese 681015	GF Vegan Roasted Vegetable Pasta 679595	Jacket Potato with Baked Beans & DF Cheese 681015
PUD	AA Vanilla Cake 679611	GF Chocolate Shortbread Biscuit 670576	GF Apple Crumble 688416	AA Lemon Cake 679656	Fruit Jelly 630866
	Fresh Fruit NO DAILY SALAD BAR				

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DATES

07 SEP / 28 SEP
19 OCT / 16 NOV / 07 DEC

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	GF/DF Chicken & Tomato Basil Pasta 680377	AA Chicken Curry 679503	Roast Chicken & Gravy 630301	Bunless Homemade Beef Burger 670554	GF Fish Fingers & Chips 694767
					CONTAINS FISH
VEGGIE	GF Vegan Roasted Vegetable Pasta 679595	AA Vegetable Curry 679516	Roasted Root & Mixed Bean Vegetable Stew 680544	Bunless Spinach & Chickpea Burger 679531	DF/GF Cheese & Tomato Pizza with Chips 681035
SIDES	Broccoli 733771	Steamed Rice & Sweetcorn 640985	Rustic Roast Potatoes & Medley of Seasonal Vegetables 689911	Homemade Potato Wedges & Baked Beans 640468	Baked Beans or Peas 640466
PASTA & JACKET	Jacket Potato with Baked Beans & DF Cheese 681015	DF/GF Cheesy Tomato Pasta 679533	Jacket Potato with Baked Beans & DF Cheese 681015	GF Tomato & Basil Pasta 681142	Jacket Potato with Baked Beans & DF Cheese 681015
PUD	AA Berry Sponge 783748	AA Chocolate Cake 679600	GF Chocolate Shortbread Biscuit 670576	GF Apple Crumble 688416	AA Chocolate Cake 679600
	Fresh Fruit NO DAILY SALAD BAR				

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DATES

14 SEP / 05 OCT
02 NOV / 23 NOV / 14 DEC

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