

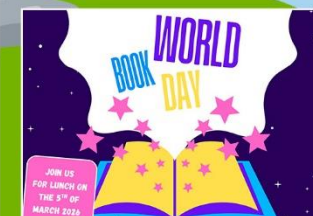
# WEEKLY MENU

WEEK 1  
WEEK 2  
WEEK 3



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN</b>	<b>Creamy Chicken Pesto Pasta</b> (MK, G/W)	<b>Beef Burger</b> (SE*, SO, SU, G/W)	<b>Roast Chicken &amp; Gravy</b>	<b>Chicken Kebab with Pitta</b> (G/W)	<b>Fish Fingers or Salmon Fishcake &amp; Chips</b> (F, G/B*, W)
<b>VEGGIE</b>	<b>Vegetable &amp; Lentil Spaghetti Bolognese</b> (G/B*, W)  V S	<b>Vegetable Burger</b> (SE*, G/W)  V	<b>Roasted Root Vegetable Pie &amp; Gravy</b> (CE, G/W)  V S	<b>Vegetable Kebab with Pitta</b> (G/W)  V	<b>Vegan Nuggets &amp; Chips</b> (G/W)  V
<b>SIDES</b>	<b>Mixed Green Salad &amp; Coleslaw</b> (E)	<b>Homemade Potato Wedges &amp; Green Salad</b>  V	<b>Rustic Roast Potatoes with Roasted Carrots &amp; Parsnips</b>  V S	<b>Homemade Potato Wedges &amp; Green Salad</b>  V	<b>Baked Beans &amp; Peas</b>  V
<b>PASTA &amp; JACKET</b>	<b>Vegan Roasted Vegetable Pasta</b> (G/W)  V	<b>Jacket Potato &amp; Salad</b>	<b>Tomato &amp; Basil Pasta</b> (CE, G/W)  V	<b>Jacket Potato &amp; Salad</b>	<b>Mac &amp; Cheese</b> (MK, G/W)
<b>PUD</b>	<b>Banana Cake &amp; Custard</b> (E, MK, SO*, G/W)	<b>Chocolate &amp; Orange Brownie</b> (E, MK, SO, G/B, W)	<b>Apple Crumble &amp; Custard</b> (MK, G/W)	<b>Carrot Cake</b> (E, MK, SO*, G/B, O, W)  S	<b>Ice Cream</b> (MK)

## THEME DAYS



DAILY SALAD BAR | HOMEMADE BREAD | FRESH FRUIT

## DATES

05 JAN / 26 JAN  
23 FEB / 16 MAR /

## ALLERGENS

CE = CELERY  
CR = CRUSTACEAN  
E = EGGS

F = FISH  
G = GLUTEN  
G/B = BARLEY

G/O = OATS  
G/R = RYE  
G/W = WHEAT

L = LUPIN  
MK = MILK  
MO = MOLLUSCS

MU = MUSTARD  
N = NUTS  
P = PEANUTS

SO = SOYA  
SU = SULPHUR  
SE = SESAME SEEDS

\* = MAY CONTAIN  
V = VEGAN  
S = SEASONAL VEG

# WEEKLY MENU

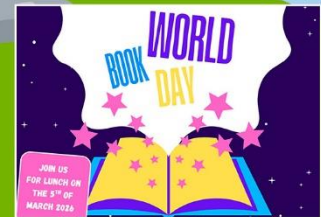
WEEK 1  
WEEK 2  
WEEK 3



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN</b>	Chicken Curry <b>S</b>	Meat Feast Pizza (MK, G/W)	Butcher's Sausage with Mashed Potato & Gravy (MK, SO, SU, G/W)	BBQ Chicken Pizza (MK, G/W)	Battered Fish or Salmon Fishcake & Chips (F, G/B*, W)
<b>VEGGIE</b>	Quorn & Vegetable Curry (E) <b>S</b>	Cheese & Tomato Pizza (MK, G/W)	Veggie Sausage with Mashed Potato & Gravy (MK, G/W)	Cheese & Tomato Pizza (MK, G/W)	Margherita Pizza & Chips (MK, G/W)
<b>SIDES</b>	Steamed Rice & Stir Fried Greens <b>V</b>	Homemade Potato Wedges & Green Salad <b>V</b>	Roasted Carrots & Parsnips <b>V S</b>	Homemade Potato Wedges & Green Salad <b>V</b>	Beans or Peas <b>V</b>
<b>PASTA &amp; JACKET</b>	Vegan Roasted Vegetable Pasta (G/W) <b>V</b>	Jacket Potato & Salad	Tomato & Basil Pasta (CE, G/W) <b>V</b>	Jacket Potato & Salad	Mac & Cheese (MK, G/W)
<b>PUD</b>	Homemade Chocolate Cookie (E, MK, SO*, G/W)	Iced Vanilla Sponge (E, MK, SO*, G/W)	Chocolate & Orange Brownie (E, MK, SO, G/B, W)	Orange & Berry Cake (E, MK, SO*, G/W)	Cinnamon Swirl (G/W) <b>V</b>

DAILY SALAD BAR | HOMEMADE BREAD | FRESH FRUIT

## THEME DAYS



## DATES

12 JAN / 02 FEB  
02 MAR / 23 MAR /

## ALLERGENS






CE = CELERY      F = FISH      G/O = OATS      L = LUPIN      MU = MUSTARD      SO = SOYA      \* = MAY CONTAIN  
CR = CRUSTACEAN      G = GLUTEN      G/R = RYE      MK = MILK      N = NUTS      SU = SULPHUR      V = VEGAN  
E = EGGS      G/B = BARLEY      G/W = WHEAT      MO = MOLLUSCS      P = PEANUTS      SE = SESAME SEEDS      S = SEASONAL VEG



# WEEKLY MENU

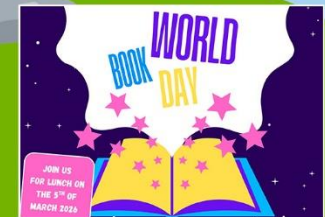
WEEK 1  
WEEK 2  
WEEK 3



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN</b> 	BBQ Glazed Chicken Wrap (G/W)	Beef & Lentil Bolognese Pasta Bake (MK, G/B*, W*) <b>S</b>	Homemade Chicken Sausage Roll & Gravy (E, G/W)	Pepperoni Pizza (CE*, E*, MK, MU*, SO*, G/W)	Battered Fish or Salmon Fishcake & Chips (F, G/B*, W)
<b>VEGGIE</b> 	BBQ Glazed Quorn Wrap & Wedges (E, G/W)	Mac & Cheese (MK, G/W)	Homemade Roast Vegetable & Stuffing Roll (G/W) <b>V</b>	Cheese & Tomato Pizza (MK, G/W)	Veggie Sausage Roll & Chips (MK*, SO, G/B*, O*, W)
<b>SIDES</b> 	Carrots & Green Beans <b>V S</b>	Mixed Green Salad <b>V</b>	Rustic Roasted Potatoes with Roasted Carrots & Parsnips <b>V S</b>	Homemade Potato Wedges & Green Salad <b>V</b>	Beans or Peas <b>V</b>
<b>PASTA &amp; JACKET</b> 	Vegan Roasted Vegetable Pasta (G/W) <b>V</b>	Jacket Potato & Salad	Tomato & Basil Pasta (CE, G/W) <b>V</b>	Jacket Potato & Salad	Mac & Cheese (MK, G/W)
<b>PUD</b> 	Sprinkle Sponge Cake & Custard (E, MK, SO*, G/W)	Fruit Jelly <b>V</b>	Lemon Drizzle Cake (E, MK, SO*, SU, G/W)	Orange Syrup Sponge & Vanilla Sauce (E, MK, SO*, G/W)	Iced Vanilla Sponge with Custard (E, MK, SO*, G/W)

DAILY SALAD BAR | HOMEMADE BREAD | FRESH FRUIT

## THEME DAYS



## DATES

19 JAN / 09 FEB  
09 MAR /

## ALLERGENS

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