



Progressive Martial Arts
Mixed Martial Arts for Kids

**BOOK A
FREE
TRIAL TODAY**

KID'S

MARTIAL ARTS FUN & FITNESS

Our Life Skills Programme help Improve:

- Confidence • Respect • Focus • Self Esteem • Discipline
- Concentration • Communication ... *and much more!*

JOIN OUR

MINI NINJAS
5 - 7 years (Y1 & 2)

JUNIOR DRAGONS
7 - 11 years (Y3,4,5 & 6)



VENUE:

Aragon Primary

Mondays Year 1 – 3 @ 3.15pm - 4.15pm

Mondays Year 4 – 6 @ 4.30pm - 5.30pm

Book now to get on the waiting list for Sept !

Limited spaces available

SCAN & BOOK
a Martial Arts & Fitness
class for your school!



Members of the

BRITISH MARTIAL ARTS
& BOXING ASSOCIATION
EST. 2012
TO HIGH PLACES BY NARROW ROADS

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"Specialist in teaching Martial Arts for children from 5 to 11 years"