



Little Ballerina

Who is teaching?

Ms Chan Po Yiu

I qualified at the Royal Academy of Dance and have attained Distinction in the Royal Academy of Dance (RAD) Teacher's Certificate Examination in 2004.

My love and enthusiasm for ballet started very early and progressed from ballet lessons as a child to a full teaching career gaining qualifications and experience along the way, eventually becoming the Principle of my own ballet school.

In 2019, I was appointed as part-time instructor in the Department of Sports Science at the Chinese University of Hong Kong. Over the last 23 years teaching, I have taught more than 4000 students

My teaching philosophy is to guide students to reach their full potential through encouragement, inspiration and praise.

Who can attend?

~ Children from Year 1 to Year 6

~ No dance experience is necessary

~ Interest on dancing and ballet

~ Like and enjoy group activities

~ An interest in developing ballet as regular hobby and exercise

~ An interest on learning basic ballet and it's techniques as a foundation for ballet development.

What are the students learn?

~ Ballet basic technique & knowledge

~ Creative dance

~ Group dance

~ Easy stretching & muscle training

Focusing on enjoyment. Use of music to create story and role play in order to develop their music and movement technique.

(Music types: Classical music, Disney's music, Nursery rhyme, and etc.)

> To develop student's enjoyment of dance

> To develop student's body awareness, co-ordination, flexibility and self-confidence,

> To build up the sensitivity to music,

> To develop student's spatial awareness,

> To encourage expression of emotions through movement

Dates & Time

*Autumn Term 2025 (12th September - 24th October and 7th November - 28th November)
Total: 11 weeks*

Friday (Year 1 - Year 6) 3:30-4:30 pm

Venue

Aragon Primary School Upper Hall

Term Fee

*£164 (including 11 weeks and ballet uniform)
Ballet uniform: Leotard, Socks & Shoes*

£121 (For Last Term Students who still got fit uniform)

Register & Payment

Go to here for register:

[Register Here !!!](#)

Payment Method

Account Name: Chan Po Yiu

Bank: Lloyds Bank

A/C: 64123668

S/C: 30-98-36

Payment reference: APS

Contact

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