





WEEKLY MENU

WEEK 1
WEEK 2
WEEK 3



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN 	BEEF BOLOGNESE WITH GF PASTA	GF/DF PEPPERONI PIZZA	ROAST CHICKEN & GRAVY	GF CHICKEN ARRABBIATA	GF FISH & CHIPS (F)
VEGGIE 	VEGETABLE BOLOGNESE WITH GF PASTA V	GF/DF MARGHERITA PIZZA V	JACKET POTATO WITH DF CHEESE & BAKED BEANS V	GF TOMATO & OLIVE ARRABBIATA V	JACKET POTATO WITH DF CHEESE & BAKED BEANS V
SIDES 	GREEN SALAD	HOMEMADE POTATO WEDGES & SWEETCORN	RUSTIC ROAST POTATOES & OF SEASONAL VEGETABLES S	GREEN SALAD	BEANS & PEAS
PUD 	ALLERGY FREE CHEF'S CAKE	FRUIT POT	ALLERGY FREE CHEF'S CAKE	FRUIT JELLY	GF SHORTBREAD BISCUIT
JACKET POTATO DAILY SALAD BAR FRESH FRUIT					

THEME DAYS



DATES

6TH JAN / 27TH JAN / 24TH
FEB / 17TH MAR





ALLERGENS

CE – CELERY F – FISH G/O – OATS L – LUPIN MU – MUSTARD SO – SOYA * – MAY CONTAIN
CR – CRUSTACEAN G – GLUTEN G/N – RYE MK – MILK N – NUTS SU – SULPHUR V – VEGAN
E – EGGS G/B – BARLEY G/W – WHEAT MO – MOLLUSCS P – PEANUTS SE – SESAME SEEDS S – SEASONAL VEG

WEEKLY MENU

WEEK 1
WEEK 2
WEEK 3



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN 	BUNLESS HOMEMADE BEEF BURGER	CHICKEN & TOMATO BASIL GF PASTA	ROAST BEEF & ROAST GRAVY	CHICKEN STIR FRY	GF FISH & CHIPS (F)
VEGGIE 	BUNLESS CHICKPEA & SPINACH BURGER V	TOMATO & BASIL GF PASTA V	CAULIFLOWER STEAK V	VEGETABLE STIR FRY V	GF/DF MARGHERITA PIZZA V
SIDES 	BAKED BEANS & HOMEMADE POTATO WEDGES	GREEN SALAD	RUSTIC ROAST POTATOES & SEASONAL VEGETABLES S	STEAMED RICE & STIR FRIED GREENS S	BEANS & PEAS
PUD 	ALLERGY FREE CHEF'S CAKE	ALLERGY FREE CHEF'S CAKE	FRUIT POT	GF SHORTBREAD BISCUIT	FRUIT JELLY
JACKET POTATO DAILY SALAD BAR FRESH FRUIT					

THEME DAYS



DATES

13TH JAN / 3RD FEB / 3RD
MAR / 24TH MAR

ALLERGENS

CE – CELERY
CR – CRUSTACEAN
E – EGGS

F – FISH
G – GLUTEN
G/B – BARLEY

G/O – OATS
G/R – RYE
G/W – WHEAT

L – LUPIN
MK – MILK
MO – MOLLUSCS

MU – MUSTARD
N – NUTS
P – PEANUTS

SO – SOYA
SU – SULPHUR
SE – SESAME SEEDS

* – MAY CONTAIN
V – VEGAN
S – SEASONAL VEG

WEEKLY MENU

WEEK 1
WEEK 2
WEEK 3



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	WRAPLESS CHICKEN FAJITAS	BEEF BOLOGNESE & GF PASTA	ROAST CHICKEN & GRAVY	HOMEMADE BEEF MEATBALLS & RICE	GF FISH & CHIPS (F)
VEGGIE	WRAPLESS VEGETABLE & BEAN FAJITA V	GF/DF CHEESY PASTA V	JACKET POTATO WITH DF CHEESE & BAKED BEANS V	ROASTED VEGETABLES WITH TOMATO SAUCE & RICE V	GF/DF MARGHERIA PIZZA V
SIDES	RICE & SWEETCORN	GREEN SALAD	RUSTIC ROAST POTATOES & SEASONAL VEGETABLES S	SEASONAL VEGETABLES S	CHIPS, BEANS & PEAS
PUD	GF APPLE CRUMBLE	ALLERGY FREE CHEF'S CAKE	GF SHORTBREAD BISCUIT	FRUIT JELLY	ICED FRUIT LOLLY
JACKET POTATO DAILY SALAD BAR FRESH FRUIT					

THEME DAYS



DATES

20TH JAN / 10TH FEB / 10TH MAR / 31ST MAR

ALLERGENS

CE = CELERY
CR = CRUSTACEAN
E = EGGS

F = FISH
G = GLUTEN
G/B = BARLEY

G/O = OATS
G/R = RYE
G/W = WHEAT

L = LUPIN
MK = MILK
MO = MOLLUSCS

MU = MUSTARD
N = NUTS
P = PEANUTS

SO = SOYA
SU = SULPHUR
SE = SESAME SEEDS

* = MAY CONTAIN
V = VEGAN
S = SEASONAL VEG