



## *Little Ballerina*

### *Who is teaching?*

*Ms Chan Po Yiu*

*I qualified at the Royal Academy of Dance and have attained Distinction in the Royal Academy of Dance (RAD) Teacher's Certificate Examination in 2004.*

*My love and enthusiasm for ballet started very early and progressed from ballet lessons as a child to a full teaching career gaining qualifications and experience along the way, eventually becoming the Principle of my own ballet school.*

*In 2019, I was appointed as part-time instructor in the Department of Sports Science at the Chinese University of Hong Kong. Over the last 23 years teaching, I have taught more than 4000 students*

*My teaching philosophy is to guide students to reach their full potential through encouragement, inspiration and praise.*

### *Who can attend?*

- ~ Children from Year 1 to Year 6*
- ~ No dance experience is necessary*
- ~ Interest on dancing and ballet*
- ~ Like and enjoy group activities*
- ~ An interest in developing ballet as regular hobby and exercise*
- ~ An interest on learning basic ballet and it's techniques as a foundation for ballet development.*

### *What are the students learn?*

- ~ Ballet basic technique & knowledge*
- ~ Creative dance*
- ~ Group dance*
- ~ Easy stretching & muscle training*

*Focusing on enjoyment. Use of music to create story and role play in order to develop their music and movement technique.*

*(Music types: Classical music, Disney's music, Nursery rhyme, and etc.)*

- > To develop student's enjoyment of dance*
- > To develop student's body awareness, co-ordination, flexibility and self-confidence,*
- > To build up the sensitivity to music,*
- > To develop student's spatial awareness,*
- > To encourage expression of emotions through movement*

### *Dates & Time*

*Autumn Term 2023 ( 11st September - 16th October and 30th October - 11st Demcember)*

*11 weeks*

*Thursday (Year 1 - Year 2) 3:30-4:30pm*

*Friday (Year 3 - Year 6) 3:30-4:30 pm*

### *Venue*

*Aragon Primary School Upper Hall*

### *Term Fee*

*£160 (including 11 weeks and ballet uniform)*

*Ballet uniform: Leotard, Socks & Shoes*

*£121 (For last term students who still got fit uniform)*

### *Register & Payment*

*Go to here for register:*

***Register Here !!!***

*Payment Method*

*Account Name: Chan Po Yiu*

*Bank: Lloyds Bank*

*A/C: 64123668*

*S/C: 30-98-36*

***Payment reference: APS***

### *Contact*

*Email: [allegroballet.uk@gmail.com](mailto:allegroballet.uk@gmail.com)*