

28TH AUG-18TH SEPT-9TH OCT-30TH OCT-27TH NOV-18TH DEC-8TH JAN-29TH JAN

WEEK 1

PRIMARY SCHOOL MENU

ARAGON PRIMARY SCHOOL

MONDAY

Beef Pasta Bolognaise
(GL)

Mac & Cheese
(GL-MI-MU)

Tomato Pasta
(GL)

Cheese, Beans or Tuna
(MI-FI)

Egg, Cheese or Tuna
(GL-SO-MI-FI-EG)

Mixed Vegetables

Fruit Yoghurt
(MI)

TUESDAY

Chicken & Peppers Pizza
with Garlic Bread
(GL-MI-SO)

Margherita Pizza
with Garlic Bread
(GL-MI-SO)

Tomato Pasta
(GL)

Cheese, Beans or Tuna
(MI-FI)

Egg, Cheese or Tuna
(GL-SO-MI-FI-EG)

Mixed Vegetables

Chocolate Cake
(GL-EG)

WEDNESDAY

Roast Chicken with Diced
Roast Potatoes & Gravy

Shepherdess Pie
(GL)

Tomato Pasta
(GL)

Cheese, Beans or Tuna
(MI-FI)

Egg, Cheese or Tuna
(GL-SO-MI-FI-EG)

Mixed Vegetables

Oaty Cookie
(GL)

THURSDAY

Hot Chicken & Cheese
Panini
(GL-MI-SO-MU-SE)

Hot Cheese Panini
(GL-MI-SO-MU-SE)

Tomato Pasta
(GL)

Cheese, Beans or Tuna
(MI-FI)

Egg, Cheese or Tuna
(GL-SO-MI-FI-EG)

Mixed Vegetables

Fruit Jelly

FRIDAY

Fish Fingers with Chips
& Tomato Sauce
(GL-FI)

Vegan Sausage with
Chips & Tomato Sauce
(SO)

Tomato Pasta
(GL)

Cheese, Beans or Tuna
(MI-FI)

Egg, Cheese or Tuna
(GL-SO-MI-FI-EG)

Baked Beans & Peas

Dessert Selection
(GL-EG-MI)



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BREAD CONTAINS - GL - MI - EG - SO



ALLERGY KEY

CELERY - CE / GLUTEN - GL /
CRUSTACEANS - CR / EGGS - EG /
FISH - FI / LUPIN - LU / MILK - MI
MOLLUSCS - MO / MUSTARD - MU /
NUTS - NU / PEANUTS - PE /
SESAME SEEDS - SE SOYA - SO /
SULPHUR - SU



FRESH FRUIT AVAILABLE EVERY DAY
FRESH BREAD AVAILABLE EVERY DAY
SALAD BAR AVAILABLE EVERY DAY



The Pantry are committed to improving the standards of children's meals across every one of our Schools, and fresh, ethically sourced ingredients are used every day across our kitchens.

PRIMARY

SCHOOL

MENU

ARAGON PRIMARY SCHOOL

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MEAT
Halal ChoiceChicken & Beef
Sausages with Mash
(GL-SU)Chicken & Sweetcorn
Pizza with Garlic Bread
(GL-MI-SO)Roast Turkey with Diced
Roast Potatoes & GravyChicken Curry
with RiceFish Fingers with Chips
& Tomato Sauce
(GL-FI)VEGETARIAN
ChoiceQuorn Sausage & Mash
(GL-EG-MI)Margherita Pizza
with Garlic Bread
(GL-MI-SO)Vegetable & Potato Pie
with GravyVegetable Curry
with RiceVegetable Chilli
with Chips
(SO-GL)

PASTA

Tomato Pasta
(GL)Tomato Pasta
(GL)Tomato Pasta
(GL)Tomato Pasta
(GL)Tomato Pasta
(GL)JACKET
POTATOCheese, Beans or Tuna
(MI-FI)Cheese, Beans or Tuna
(MI-FI)Cheese, Beans or Tuna
(MI-FI)Cheese, Beans or Tuna
(MI-FI)Cheese, Beans or Salmon
(MI-FI)

SANDWICH

Egg, Cheese or Tuna
(GL-SO-MI-FI-EG)Egg, Cheese or Tuna
(GL-SO-MI-FI-EG)Egg, Cheese or Tuna
(GL-SO-MI-FI-EG)Egg, Cheese or Tuna
(GL-SO-MI-FI-EG)Egg, Cheese or Tuna
(GL-SO-MI-FI-EG)

VEGETABLES

Mixed Vegetables

Mixed Vegetables

Mixed Vegetables

Mixed Vegetables

Baked Beans & Peas

DESSERT

Fruit Yoghurt
(MI)Sprinkle Sponge Cake
(GL-EG)Apple Flapjack
(GL)

Fruit Jelly

Dessert Selection
(GL-EG-MI)

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FRESH FRUIT AVAILABLE EVERY DAY
FRESH BREAD AVAILABLE EVERY DAY
SALAD BAR AVAILABLE EVERY DAY



PRIMARY
SCHOOLM
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ARAGON PRIMARY SCHOOL

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MEAT
Halal ChoiceBeef Burger
with Corn on the Cob
(GL-SU-SO-SE)Chicken & Mushroom
Pizza with Garlic Bread
(GL-MI-SO)Roast Chicken with Diced
Roast Potatoes & GravyBeef Lasagne with
Garlic Bread
(MI-GL-EG-SO)Fish Fingers with Chips
& Tomato Sauce
(GL-FI)VEGETARIAN
ChoiceVegetable Bean Burger
with Corn on the Cob
(GL-SE)Margherita Pizza
with Garlic Bread
(GL-MI-SO)Vegan Sausage with Diced
Roast Potatoes & Gravy
(SO)Veggie Lasagne with
Garlic Bread
(MI-GL-EG-SO)Vegan Nuggets
with Chips
(GL)

PASTA

Tomato Pasta
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(GL)Tomato Pasta
(GL)JACKET
POTATOCheese, Beans or Tuna
(MI-FI)Cheese, Beans or Tuna
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(MI-FI)Cheese, Beans or Tuna
(MI-FI)

SANDWICH

Egg, Cheese or Tuna
(GL-SO-MI-FI-EG)Egg, Cheese or Tuna
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(GL-SO-MI-FI-EG)Egg, Cheese or Tuna
(GL-SO-MI-FI-EG)

VEGETABLES

Mixed Vegetables

Mixed Vegetables

Mixed Vegetables

Mixed Vegetables

Baked Beans & Peas

DESSERT

Fruit Yoghurt
(MI)Apple Cake
(GL-EG)Chocolate Cookie
(GL)

Fruit Jelly

Dessert Selection
(GL-EG-MI)

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